



Laura Ruiz &lt;lauravruiz0626@gmail.com&gt;

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**[Test] Yoga Email Marketing**

1 message

**Laura Ruiz** <lauravruiz0626@gmail.com>  
Reply-To: us20-d265f7c714-3569efdd33@inbound.mailchimp.com  
To: lauravruiz0626@gmail.com

Thu, Jan 17, 2019 at 5:39 PM

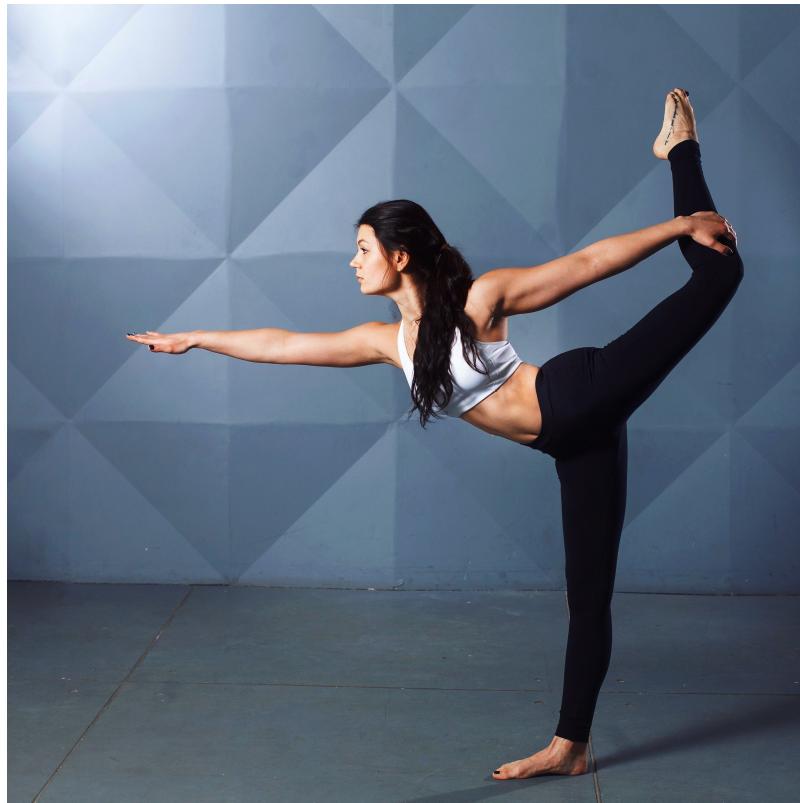


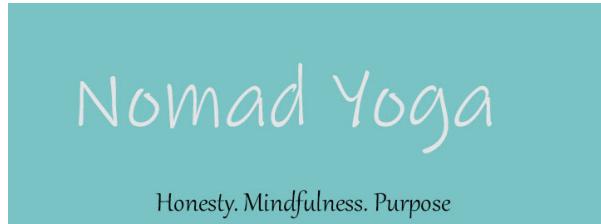
Photo by [Emily Sea](#) on [Unsplash](#)

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**This could be you.**

As the new year commences, it's important to reflect on the changes we hope to see in the next 365 days. After all, it is a fresh start.

We know that you want to be the mindful change of the world and to work through your every day with **intention**. We go about doing routine things, such as: taking the kids to school, going to work, going for a run, doing the dishes, **mindlessly**. It's scary to think that some of us live our **entire** lives this way.



Here at [Nomad Yoga](#), we want to help you live your **best** life. That is why our core values are honesty, mindfulness, and purpose. I'm not kidding, it's up on our walls.

As a valued member of our school, we would be *honored* to help you reach your goals. For that reason, we are offering a 40% discount on our yearly **Premium** membership to you. That is all our Premium perks for 365 days! With this, you'll get **unlimited** yoga and meditation practices, a mindfulness class once a month, AND a massive discount for our two-week retreat in July!

To sign-up now, visit out [site](#) and use discount code: PREMIUM2019.

We also want to introduce a few **new** courses.

For those of you interested in deepening your yoga practice, we have a course with six new **original** flows individualized to your needs. Yes, we said individualized! We are offering this at a discounted rate of \$99 until January 21. We guarantee that it will strengthen your practice at all levels (go [here](#) for more information).

As a special free gift, we want to offer you this guide on intentional living which we hope will jump-start your motivation for 2019-- [Living the New Year with Intention](#).

It is our honor to serve you. May we have more peace, calm, and serenity in the next year.

Many blessings,

Nomad Yoga



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